

dizziness dizziness dizziness dizziness dizziness dizziness  
hallucinations hallucinations hallucinations hallucinations hallucinations

suffocation suffocation suffocation suffocation suffocation



you'll become fight headed  
in no time!

***solvents***

# THE FACTS: Solvents (volatile substances) such as glue and gas

## What they look like:

Solvents (volatile substances) are found in lighter fuel (butane), hair spray, deodorant, nail varnish remover, glue and some paints.

## The Effects:

- Becoming light headed
- Dizziness
- Hallucination - seeing or hearing things that aren't really there
- Suffocation

## How they are used:

Inhaled or sniffed (huffing, tooting).

## The Risks:

- Death especially on first use
- Possible damage to the brain, liver and kidneys
- Accidents
- Choking on your own vomit
- Blackouts

## The Law:

It is illegal for shopkeepers to sell solvents (volatile substances) to a young person who they know is going to use them to sniff. It is illegal to sell butane lighter fuel to anyone under 18 years old.

For information, support, advice or someone to talk to about drugs, call the numbers below.



Blenheim CDP Head Office  
66 Bolton Crescent  
London SE5 OSE

t: (020) 7582 2200  
w: [www.blenheimcdp.org.uk](http://www.blenheimcdp.org.uk)  
e: [info@blenheimcdp.org.uk](mailto:info@blenheimcdp.org.uk)

Project contact details: